



**Southeast Vancouver Seniors Arts  
And Cultural Centre Society  
S-53479**

**Meeting # 52**

**Champlain Heights Community Centre  
Monday November 19, 2012 10:30AM  
[www.SVSACS.org](http://www.SVSACS.org) – 604-325-0163**

**Minutes**

Present: George Grant, Lorna Gibbs, Des Burke, Manfred Hagen, Barbara Warner, Tom Chin, Donna Davies, Mohinder Sidhu, Gail MacKay, Margaret Homonnay, Pietro & Rosaria Cassano, Maria Couto, Sharon Tong.

1. Called to Order at 10:30 am Lorna Gibbs, chairperson
2. Approval of Agenda – Moved by Manfred Hagen, 2<sup>nd</sup> by Des Burke, carried
3. Minutes of Meeting 51 – no changes
4. Approval of Minutes of Meeting 51 – Moved by Des Burke, 2<sup>nd</sup> by Donna Davies, carried
5. Youla Thomas of *Comfort Keepers* gave a most interesting presentation on their in-home care and services that permit seniors to stay in their homes comfortably and safely. Youla's handout *Choose Your Caregiver Wisely* is attached. *Comfort Keepers* offers a wide variety of in-home services including personal care, companionship and home safety. Youla described some of the technological devices they rent to clients. These include an automatic medication dispenser, personal emergency response system and a portable GPS locator. They provide around-the-clock monitoring if required. *Comfort Keeper* personnel undergo rigorous background checks, training and are bonded and covered by Workers' Compensation. Under some circumstances their fees are considered a medical expense and may be reduce income tax. Their services are used by ICBC and other agencies.

Contact information: Tel. 604-689-8609, web site is [www.comfortkeepers.ca](http://www.comfortkeepers.ca)

*Comfort Keepers* is a fee-for-service organization. The local franchise address is 300-3665 Kingsway, Vancouver BC V5R 5W2.

6. Reports - President – Lorna attended the *Seniors Dialogue* Nov. 15, 2012 at City Hall.
7. New Business – brief reference to Park Board plan to replace the Community Centre *Joint Operating Agreement* with their *Community Centre Service Agreement*. The change may seriously impact the way Community Centres operate and may impact our much sought after Seniors Centre.

- Maria Couto from SVNH gave a brief outline of the seniors' daycare programs provided off-site at 3076 E. 49th Avenue and 3355 E. 5th Avenue. SVADC and ADC at Beulah Gardens provide services to seniors by assisting them to live independently, or to provide respite for a caregiver, in the South Vancouver and northeast Vancouver communities. Participants are provided with transportation, activities, one hot meal and the opportunity to take another one home. Visit their blog at: <http://svnhadc.blogspot.ca> - Referrals can be made by frail seniors, their families or friends by contacting Central Intake at 604-263-7377.

8. Adjournment at 12:03 pm – moved by Des Burke, 2<sup>nd</sup> by Gail MacKay - carried

**Next Movie:** December 5, 2012: Movie *about a boy*

Luncheon provided for the first 30 seniors to register. Call 604-718-6575 between November 20 and November 30 to reserve your seat. Personal reservations only, please. If you reserve a seat

and cannot attend please call 604-718-6575 and cancel your reservation. The staff at Champlain keep a waiting list. Luncheon at 12:00 noon, movie at 1:30 pm – no need to register for movie.

Other upcoming events of interest:

Beyond Tolerance Workshop SVNH-HUB Nov. 23, 2012, CHCC 1pm – 3:30pm

SPCA Fundraising sale Dec. 1, 2012 at 3917 Main St., 10am – 2pm

Market Day at SVNH Dec. 1, 2012, 11am to 2:00pm – roof top tours

Seniors Forum, Dec. 10, 2012, VPL Alice Mackay Room, 9:15am – 3pm. To register call Danny Li at 604-801-5121 ex222. Lunch provided.

Friday January 4, 2013 - **New Year's Tea** at Champlain Heights Community Centre 12:00 pm - 2:00 pm \$10.00 per person - Ring in 2013 again, but in the light of day. Enjoy an afternoon of entertainment, light refreshments and good conversation. Take a walk down memory lane by participating in an historic show and tell of sorts. Bring something from the past that represents an historic event or time period. It could be an article of clothing, photography, book or something else that would spark the imagination.

SVSACS Winter schedule

Wednesday January 9, 2013 Movie: *Cocoon* Champlain Heights Community Centre. (**Note: no luncheon available this month**) Movie starts at about 1:15 pm.

Thursday January 17, 2013 regular SVSACS meeting 10:30

Wednesday February 6, 2013: Movie – *Coming to America* - Champlain Heights Community Centre - Luncheon at 12:00. Reservations can be made starting January 23. Call 604-718-6575. Table-space for first 30 seniors to register. Movie starts about 1:15. Registrations for movie not required.

Thursday February 21, 2013 regular SVSACS meeting 10:30 am

Wednesday March 6, 2013: Movie *Calendar Girls* - Champlain Heights Community Centre - Luncheon at 12:00. Reservations can be made starting February 20. Call 604-718-6575. Table-space for first 30 seniors to register. Movie starts about 1:15. Registrations for movie not required.

Thursday March 21, 2013 regular SVSACS meeting 10:30 am

**Luncheons:** Personal reservations only, please. If you reserve a seat and cannot attend please call 604-718-6575 and cancel your reservation. Champlain Staff keep a waiting list.

Champlain Heights Community Centre:

Web: [Champlain Heights Community Centre](#)

3350 Maquinna Drive, Vancouver. Phone: 604-718-6585

**SVSACS PARTNERS are all working together to get a real Seniors Centre for you!**

