



**Southeast Vancouver Seniors Arts  
And Cultural Centre Society  
S-53479**

**Meeting # 68**

**Champlain Heights Community Centre  
Wednesday Nov. 5, 2014 at 10:00AM  
[www.SVSACS.org](http://www.SVSACS.org) – 604-325-0163  
**Our Goal: a Dedicated Seniors Centre****

**Minutes**

Present: Lorna Gibbs, George Grant, Tom Chin, Ramesh Kalia, Sharon Tong, Mabel Leung, Nelson Didulo, Belen Domingo, Manfred Hagen, Wendy Emslander, Mary Wan, Beatrice Ho, Pat Deibert, Joe Kornago, Jagjit Kaur Mann, Lucette Moody, Des Burke.

1. Call to Order – 10:00 am Lorna Gibbs in the chair
2. Approval of Agenda – moved by Pat Deibert, 2<sup>nd</sup> by Nelson Didulo, carried.
3. Approval of Minutes of Meeting 67 – moved by Mabel Leung, 2<sup>nd</sup> by Nelson Didulo, carried.
4. President's Report: On October 8<sup>th</sup> many of our Members went to the All-Candidates for Council meeting to hear from some of the people who want to govern our City for the next four years. Most major parties sent delegates and our Members were ready with their questions about the Seniors' Centre; construction start and finish dates, accessibility or rather its lack and the reduced funding which may impact the amenities in the Centre itself.

At the October 8<sup>th</sup> All-Candidates Meeting, Clr. Louie responded to questions about lack of consultation by promising the consultation phase would begin within two weeks. On Oct. 21 Ainslie Kwan, President of Killarney sent an email to Clr Louie reminding him of his promise and soon received a request to set a date for the first meeting. Due to technical difficulties, the first meeting had to be cancelled and a second meeting scheduled for November 13<sup>th</sup>. We will, as usual, communicate any significant news as it becomes available.

Other activities included: Participation in a Diwali celebration at South Van Neighbourhood House. Hosted by Mohinder Sidhu and Ramesh Kalia, we were honoured to be their guests.

Meeting with the City's Chief Housing Officer in company with SVNH Board and Executive Staff Members. The discussion centred on affordable housing and lack of public meeting spaces in Southeast Vancouver. Plans are being formulated to improve availability of "affordable housing" with non-profit organizations as lead agencies. We hope to meet again in January.

5. Ted Peterson from COSCO gave a very informative presentation on *Technology and Aging*. His Presentation was broken down into the following sub headings: Workshop Overview, Purpose of the Workshop, Technology Use, Technology Use and Seniors, Computers, Cell Phone/Smart Phone Use, Seniors and Learning, Myths: Technology Use and Seniors, Types of Technology for Seniors, Technology for Staying socially connected,

Home Healthcare Technologies, Safety Technologies, Personal Alarms, Problems with Personal Alarms, Fall Detection Systems, Fall Detection Sensors, Additional Safety Technologies, Physical Health Technologies, Heart Rate Monitoring, In-Home Blood Pressure Monitor, Blood Glucose Monitoring, Telemedicine and Telehealth, Benefits of Telehealth, Other Useful Aspects of Telehealth, Telehealth in British Columbia, Medication Reminding, Medication Reminder Technology, Medication Reminders, Automatic Pill Dispensers  
Staying Socially Connected – Phones, Videoconferencing

Attached is a five-page expansion of the subjects covered by Ted.

6. New Business – None

7. Adjournment – 11:45 am moved by Des Burke, 2<sup>nd</sup> by Nelson Didulo, carried.

Lorna reminded members to print the Agenda and Minutes and bring them to our meetings.

**2015 Membership fees \$5.00 are now due.**

**Flu Clinic:**

Champlain Community Centre, Upstairs Lounge area, **November 21**, 09:00 to 12:00 available for general public.

**Nov 22**, Killarney **Craft Fair**-10:00 to 3:00.

**Nov 27**, 09:30 to 1:00 - **Seniors Safety Workshop** at SVNH – limited to 1<sup>st</sup> 50 to register. Lunch included. **FREE...** Register at front desk or call 604-324-6212 to reserve your space.

Next Movie: December 1, 2014, *Chariots of Fire* – drama, 124 min. rated PG. **Reservation not required for the movie. Coffee available. Movie start time 12:20**

December brunch will be co-sponsored by Collingwood Policing Centre with surprises. **Brunch reservation for Dec. 1 brunch starts Nov. 17<sup>th</sup> and close Nov. 27<sup>th</sup>**

January Luncheon/Movie: January 7, 2015, *Mrs. Dalloway*. Rated PG. Drama/Romance. 97 min  
Luncheon reservations begin Dec. 16, 2014 and close Dec. 23, 2014.

Reservation not required for the movie. Coffee available. Movie start time 12:20

**Next meeting: January 15, 2015 10:00 am at CHCC. Everyone is welcome.**

Barbara Kirby from the BC Association of Community Response Networks will give a presentation on *Recognizing Abuse* and how to respond in a minimally intrusive manner.

SVSACS PARTNERS are all working together to get a real Seniors Centre for you!

